

PRE-MEDICAL AND PRE-HEALTH

Pre-Health at Fordham College at Lincoln Center

Pre-Health Program for FCLC Students

With the assistance of the natural sciences faculty and the Pre-Health Professional Program, Fordham College at Lincoln Center students have an excellent record of gaining admission to medical and other health professional schools. The pre-health professions advisor oversees the development of each student and helps them prepare their applications. Additionally, the Pre-Health Program invites medical professionals, including Fordham alumni, to speak with students about their experiences and build connections in various careers in the health field. Pre-health students at FCLC have opportunities to participate in many undergraduate research studies throughout their academic journey.

The Natural Sciences Major (NSCI)

The natural sciences major at Fordham College at Lincoln Center (FCLC) offers a comprehensive and interdisciplinary education, emphasizing undergraduate training through rigorous coursework, lab experiences, and independent research. The department includes faculty members with expertise in chemistry, physics, data science, and biology, who teach courses supporting a variety of majors and programs. Students can choose concentrations in chemical sciences, organismal biology, and cell and molecular biology within the natural sciences major. The department's courses also fulfill requirements for integrative neuroscience, environmental science, pre-health, the FCLC Honors program, and the Core Curriculum. With small class sizes and hands-on lab work, students benefit from personalized attention and mentorship, preparing them for successful careers in fields such as medicine, academia, and education.

The natural sciences department (NSCI) plays a crucial role in the pre-health program at FCLC, offering required courses for students aspiring to enter health professions. Although students can major in any field, they can complete their Pre-Health requirements through NSCI (except for Calculus or Applied Calculus, which are provided by the mathematics department). The department's interdisciplinary approach and rigorous training ensure that pre-health students receive a solid foundation in the sciences. By following the recommended curriculum guidelines and engaging in independent research, students are well-prepared for medical school and other health-related graduate programs.

Pre-Health Advising

In addition to regular meetings with their primary advisors, students are encouraged to meet with the pre-health advisor at least once a year to check in on their pre-health academic progress and planning. The pre-health advisor is able to provide advice on clinical and volunteer activities in preparation for aspirant health programs. Early preparation is extremely beneficial to a successful and robust application to health professional programs.

The Fordham College Lincoln Center Committee on Health Professions Process (CHP)

The FCLC Committee on Health Professions (CHP) provides students with comprehensive support as they prepare for the medical school application process. Students who need a committee letter for programs in related fields may also participate in the CHP process. The CHP process includes a committee interview and a committee letter.

Students can participate in CHP in their junior or senior year. It is recommended that students have completed clinical and health-related work or volunteer experiences prior to CHP.

Students must submit a statement of their intent to participate in a spring application cycle in September (the fall semester prior to the spring application cycle) to Ms. Eliane Victoria at fclcprehealth@fordham.edu. The pre-health advisor holds a CHP information session in the fall semester to review the process and deadlines.

The Committee letter is based on a student's portfolio, which includes the following: coursework, transcripts, personal statement, self-assessment, volunteer and/or internship experience and research experience, faculty recommendations, and a personal interview with members of the Committee.

NOTE: Candidates who submit their statement of intent after the September CHP application deadline will not be able to participate in the spring CHP process. (Students may still apply to medical school, but will not be able to get a committee letter from Fordham.)

Students may apply for the CHP process up to two application cycles after graduating from Fordham College Lincoln Center. Students are not eligible for CHP after this due to the timeliness of recommendation letters and courses.

For more information, visit the Pre-Health Program page for FCLC students and the natural sciences department or write to fclcprehealth@fordham.edu. (fclcprehealth@fordham.edu)

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