

# SPIRITUAL DIRECTION (ADV CERT)

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## Admissions

All those looking to apply must have or submit:

- a Master of Arts (M.A.) degree in theology, ministry, or a related field;
- nine graduate credits in fundamental theology and sacred scripture (which may have been taken as part of, or separately from, the master's degree coursework);
- evidence of at least one year of experience in ministry or under spiritual direction;
- a letter of recommendation from a religious superior or spiritual director.

One cannot consider being a spiritual director without first fostering one's own spiritual life. Students who feel drawn to this ministry are advised to start by seeking a spiritual director for themselves. Participation in monthly spiritual direction with a credentialed spiritual director for at least one year is a prerequisite for admission to this program. However, in some circumstances, if an applicant has met all other admission requirements, they may contact the program director to request a waiver of this requirement. Students are expected to continue in spiritual direction throughout their course of studies.

Resources regarding spiritual direction can be found at Spiritual Directors International and the Ignatian Spiritual Direction Initiative.