PASTORAL COUNSELING (PCGR)

PCGR 6310. Human Growth and Development. (3 Credits)
This course will explore the development from birth and adolescence through the tasks and crisis of middle and later life. Stage theories, cognitive, social and emotional development will be the focus of this course. Special consideration will be given to spiritual life issues throughout the development process.

PCGR 6380. Theology of Pastoral Counseling and Spiritual Care. (3 Credits)
This course addresses theological and spiritual issues in the field of pastoral care and counseling and proposes a theological method for reflecting on these issues.

Attribute: CSGE.

PCGR 6382. Social and Cultural Foundations of Pastoral Counseling. (3 Credits)
This course will explore the multicultural dimensions of counseling. It will elaborate the social and cultural goals of therapy from this perspective. Various theories, research and practice of counseling will be developed, including the spiritual dimensions of the theory.

PCGR 6384. Professional Ethics in Pastoral Counseling. (3 Credits)
An exploration of critical issues in the ethical practice of counseling and psychotherapy, this course addresses the roles and responsibilities of the professional counselor. Using case studies and small group work, students will explore potential ethical conflicts and methods of ethical reasoning, as students develop skills to work through ethical conflicts in the counseling setting.

PCGR 6386. Pastoral Counseling Theory. (3 Credits)
Faith and ministry of pastoral counseling. Consideration of religious resources and identity, theories of the counseling process and practical issues of therapeutic relationship, contract, setting, referral, etc.

PCGR 6390. Psychopathology & Diagnosis. (3 Credits)
The course will introduce students to the basics of psychopathology and psychological diagnosis for use in clinical and pastoral work. This course is designed to help students cultivate the ability to think critically and creatively about psychopathology and diagnosis “on the ground,” so that they can work from a diagnostic standpoint that is human, flexible, empathic, and non-judgmental, with a focus on the real person one meets in the consulting room or ministry setting. Within this framework, the course will cover interviewing and assessment skills, DSM 5 categories, ethical considerations, character/personality issues, and pastoral assessment. Weekly case studies will be used to practice the art of diagnostic formulation, with an eye toward treatment planning and case formulation.

PCGR 6410. Psychology and Religion/Spirituality. (3 Credits)
This course explores spirituality and religious experience from a psychological viewpoint. The theories of Freud, Jung, Winnicott, and others are engaged in order to understand how our psychology affects our religious lives and vice versa. Using text, experiential exercises, and critical reflection, we will engage our own religious history and traditions, and explore what it means to be a fully alive human being.

Attribute: CSGE.

PCGR 6420. Marriage/Family Therapy. (3 Credits)
A systemic approach to family treatment. A survey of the major contributors to the field, using videotape demonstrations of family sessions. Genograms will be used to explore family-of-origin issues.

PCGR 6440. Pastoral Counseling Skills. (3 Credits)
This course integrates humanistic counseling theory with intragroup practice. Students use audio and video recordings, and focus on developing the listening skills of attending, accurate empathy, clarifying, and focusing.

PCGR 6510. Advanced Life Span Issues and Career Counseling. (3 Credits)
This course explores the advanced lifespan issues of adulthood, through the lens of pastoral and clinical care. Specific focus will be given to issues of career and vocation.

PCGR 7330. Assessment and Appraisal of Individuals, Couples, and Families. (3 Credits)
This course of study presumes a working knowledge of family systems theory and practice. The theoretical approach employed for individual and family functioning will be structural, solution focused and narrative family therapy. The course will focus on the clinical assessments and presentation by both students and course instructor of real family interactional issues. There will be the consideration of the impact of culture and cultural differences in understanding and responding to the patterns of family interactions.

PCGR 7410. Research Methods in Pastoral Counseling. (3 Credits)
This course will be a review of research in pastoral counseling. It will introduce basic concepts and methods of qualitative research, consider ways of studying change as a result of pastoral care and counseling interventions and programs, and familiarize students with basic skills in evaluating research literature.

PCGR 7420. Death, Dying, and Bereavement. (3 Credits)
This course will focus on integrating theoretical knowledge, ministerial skills, and personal experiences in relation to specific topics and issues. Students will learn not just how to minister but how one goes about explaining the meaning of loss, death, and grief.

PCGR 7422. Group Process: Th & Tech. (3 Credits)
An experiential and didactic introduction to group process. Group-as-a-whole, interpersonal and general group models. Applications to the different forms of pastoral ministry. Limited enrollment (three hours), (No audit).

PCGR 7426. Group Process/Dynamics. (3 Credits)
This course will meet weekly for three hours. The first hour will be experiential and two hours will focus on various Group theories, group facilitation, group leadership and an understanding of the challenges that may occur in setting up groups. The various stages of Group development will be explored. Students will be required to apply to the theory to an actual group and/ or apply it to a group that will be part of their ministry. Basic skills, Counseling Theories are prerequisites for this course.

PCGR 7450. Trauma: Counseling and Ministry Issues. (3 Credits)
An introduction to trauma theory and care issues to enhance the practices of counseling, pastoral care, and ministry. This course includes neuro-psychological, psychodynamic, and relational approaches to trauma-informed work, Integrates theological and spiritual perspectives.
PCGR 7471. Clinical Instruction and Integration Process I. (3 Credits)
This course is designed to accompany the Field Placement for students in the Clinical Pastoral Counseling 60-Credit Program. Students will engage current approaches to counseling and psychotherapy in dialogue with their own clinical work. Classes will focus on the presentation of students' clinical work in connection with relevant topics in the clinical literature, addressing such matters as transference and countertransference, addictions treatment, spiritual issues, and working with trauma. The aim of the course is to integrate previous classroom work and clinical experience, so that students are prepared to begin work as professional counselors and therapists.

PCGR 7472. Clinical Instruction and Integration Process II. (3 Credits)
This continuation course is designed to accompany the field placement for students in the clinical pastoral counseling 60 Credit Program.
Prerequisite: REGR 6839.
Prerequisites: REGR 6839 or PCGR 7471.

PCGR 8999. Tutorial. (0 to 6 Credits)